



CONSTRUCTION

Accredited Short-Course



**ROUGH TERRAIN LIFT
TRUCK F11 DRIVER**

220313



010 085 0918



www.zoneups.com



405 Cliff Ave, Waterkloofridge, Pretoria



BOOK NOW



33 Day Course



Classroom



NQF Level 3 CREDITS (26)

ABOUT THIS COURSE

This course is designed for learners who need to operate a Rough Terrain Lift Truck F11 safely in outdoor and uneven ground conditions.

Learners will be introduced to the correct way to prepare the work area, inspect the machine, identify site hazards, use the correct PPE and complete pre-start and operational checks before operating.

The course focuses on safe operation in rough terrain environments such as construction sites, farms, mines, yards and outdoor material handling areas. Learners will also gain awareness of load stability, route planning, equipment components, attachments, communication and responsible driver behaviour.



Target Audience

- Drivers
- Operators
- Storemen
- Pickers
- Packers
- Loaders
- Dispatchers
- Assistants
- Workers
-

PRICE

ONLINE:(Price on Request)

CLASSROOM: (Price on request)
(Includes snacks and beverages
– only applicable to classroom
bookings)

KNOWLEDGE MODULES

SMART ZONE

Safety Foundation

- Learners will understand the importance of safety when operating a rough terrain lift truck.
- This topic explains how unsafe driving, poor route planning, unstable loads, uneven surfaces or ignoring procedures can cause injuries, equipment damage, material damage, environmental harm and legal consequences.
- Learners will also understand why safe behaviour is required before, during and after every task.

Legal Requirements

- Learners will be introduced to the legislation and workplace requirements that apply to lift truck operations.
- This may include the Occupational Health and Safety Act, Driven Machinery Regulations, National Code of Practice requirements, Department of Labour requirements and Road Traffic Act requirements where applicable.
- The focus is on helping learners understand that rough terrain lift trucks must be operated according to legal standards, company procedures and site rules.

Driver Responsibilities

- Learners will understand the duties of a Rough Terrain Lift Truck F11 driver.
- This includes inspecting the equipment, checking the work area, wearing PPE, following instructions, reporting hazards, refusing to use unsafe equipment and operating according to company procedures.

PRATICAL SKILLS

SMART ZONE

Rough Terrain Work Environments

- Learners will understand the different environments where Rough Terrain Lift Truck F11 operations may take place.
- These may include construction sites, farms, mines, yards, outdoor storage areas, ports, manufacturing sites, agricultural sites and other material handling areas.
- Learners will also understand that outdoor environments may include uneven ground, slopes, mud, loose gravel, poor visibility, weather changes and moving vehicles.

Role-Players in Operations

- Learners will identify the people involved in rough terrain lift truck activities.
- This may include drivers, supervisors, safety officers, maintenance staff, rigging or loading teams, dispatch staff, receiving staff, pedestrians and other workers in the operating area.
- Learners will understand why teamwork, communication and awareness of others are important for safe operation.

Equipment Components

- Learners will gain an understanding of the main parts of a Rough Terrain Lift Truck F11.
- This may include tyres, forks, attachments, control levers, brakes, gauges, sirens, steering systems, lifting mechanisms, safety systems and other functional parts.

WORK BASED AREAS

SMART ZONE

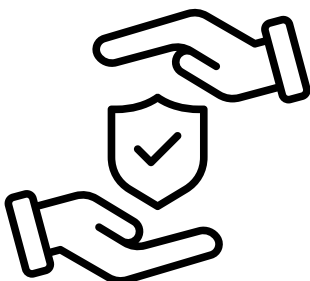
- Warehouses
- Factories
- Distribution centres
- Dispatch areas
- Receiving areas
- Loading bays
- Offloading zones
- Storage areas
- Logistics centres
- Transport depots
- Retail warehouses
- Wholesale stores
- Manufacturing plants
- Production areas
- Packaging areas
- Cold storage facilities
- Construction supply yards

FEATURES

- Focuses on Counterbalanced Lift Truck F3 operation
- NQF Level 3 skills programme
- 20-credit course structure
- Includes knowledge and practical training
- Covers hazard identification and risk control
- Includes PPE and workplace signage awareness
- Covers lift truck components and attachments

BENEFITS OF THIS LEARNERSHIP

- Builds safe forklift operating confidence
- Helps reduce workplace incidents
- Improves load handling accuracy
- Supports safer stacking and storage
- Helps prevent damage to goods
- Improves awareness of lift truck limits
- Helps learners identify hazards before work starts





SIGN UP NOW

SIGN UP NOW AND SECURE YOUR PLACE

1. Register Online – www.zoneups.com
2. Select the training you prefer and the date you would like to attend.
3. Fill in the registration form.
4. Choose your payment method and finalize the booking.

Request a Quotation

Accreditation



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Institute Of
Occupational Safety
And Health*



Services SETA



Make the future count

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