



RETAIL MASTER CLASS



OCCUPATIONAL CERTIFICATE:
HEALTH PROMOTION OFFICER
COMMUNITY HEALTH
WORKER

94579



010 085 0918



www.zoneups.com



405 Cliff Ave, Waterkloofridge, Pretoria



BOOK NOW



2 Day Course



Classroom & Online Training



Certificate of Attendance

ABOUT THIS COURSE

This course prepares learners to operate as Community Health Workers by developing the knowledge and practical skills needed to support individuals, households, and communities with basic health promotion services.

Learners will gain an understanding of public and community health support, family and community services, basic community health, household assessments, health promotion, referrals, basic psychosocial support, and support for minor health problems.

The programme combines theory, practical skills, and workplace experience to ensure learners are able to work effectively within communities.



Target Audience

- Practitioners
- Educators
- Caregivers
- Teachers
- Assistants
- Students
- Parents
- Facilitators
- Supervisors

PRICE

ONLINE TRAINING : Request a Quote

CLASSROOM: Request a Quote

(Includes snacks and beverages – only applicable to classroom bookings)

DAY TWO

OVERVIEW

SMART ZONE

Public and Community Health Support

- Learners are introduced to the principles of community health support, including maternal and infant health, older persons, care pathways, referrals, women's and men's health, and basic understanding of the human body.

Communicable and Non-Communicable Health Problems

- Learners gain knowledge of common communicable and non-communicable health conditions. This includes prevention, early identification, support, treatment adherence, screening processes, and referral for health problems such as TB, HIV, diabetes, hypertension, heart problems, strokes, malaria, cholera, and other **common conditions**.

Family and Community Services

- Learners explore the role of family and community services in supporting health and wellbeing. This section includes stress management, human rights, stigma and discrimination, household profiles, community structures, community involvement, and cultural practices that may impact health.

Basic Community Health and Healthy Living

- Learners are introduced to the meaning of health, wellness, mental wellbeing, healthy lifestyle choices, social determinants of health, and the structure of the health system. This section also focuses on health promotion, primary health care, and the role of the Community Health Worker.

Community Assessment and Community Profiles

- Learners understand how to mobilise communities to address health issues. This includes developing community profiles, identifying community threats, challenges and opportunities, and planning community-based activities according to identified needs.

Household Visits and Screening

- Learners focus on conducting structured household visits, registering households, completing household assessment forms, classifying household vulnerability, and conducting screening for communicable and non-communicable health problems.

Health Promotion and Healthy Lifestyles

- Learners develop the skills needed to promote healthy lifestyles and mental wellbeing. This includes conducting one-on-one interviews, identifying household information needs, selecting appropriate health communication materials, and presenting health messages to individuals and groups.

HIV Prevention and Counselling Support

- Learners are introduced to HIV prevention education, HIV testing support, STI prevention, condom use, partner reduction, circumcision, and basic counselling before and after HIV testing. This section focuses on providing sensitive, respectful, and supportive health information.

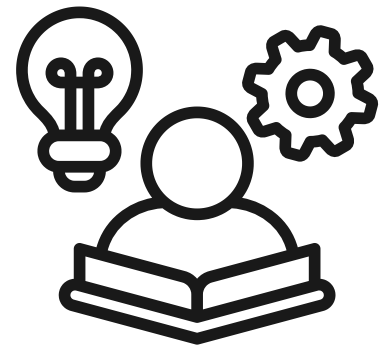
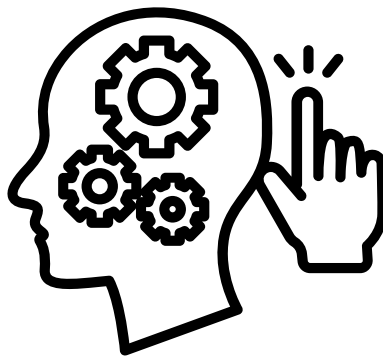
Home Safety and Accident Prevention

- Learners gain practical knowledge on identifying household and community health risks. This includes recognising hazards, explaining safety risks, recommending actions to reduce risks, and helping communities prevent accidents and incidents in homes.

FEATURES OF THIS COURSE

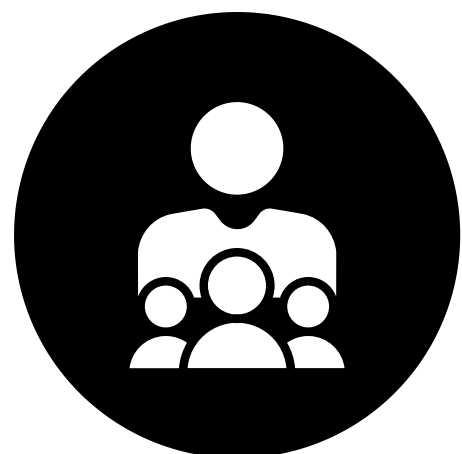
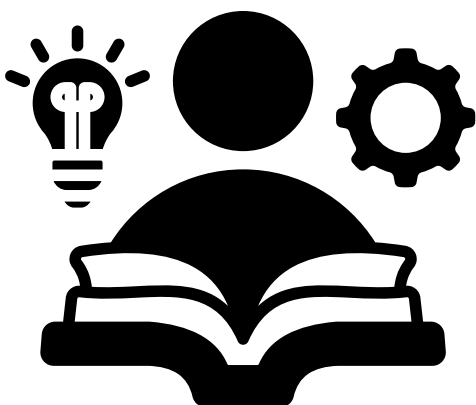
SMART ZONE

- QCTO-aligned occupational curriculum
- Combines theory, practical skills, and workplace experience
- Industry-relevant meat processing skills
- Focus on food safety, quality, hygiene, and GMP
- Includes meat cuts, processing methods, and equipment use
- Supports workplace readiness in meat processing environments



BENEFITS OF THIS SHORT COURSE

- Gain practical meat processing knowledge and skills
- Understand food safety and hygiene requirements
- Improve ability to follow production plans and workplace procedures
- Learn how to receive, prepare, process, and finish meat products
- Develop confidence in quality checks, reporting, and record keeping
- Enhance career opportunities in meat processing and food manufacturing





SIGN UP NOW

SIGN UP NOW AND SECURE YOUR PLACE

1. Register Online- www.zoneups.com
2. Select the training you prefer and the date you would like to attend.
3. Fill in the registration form.
4. Choose your payment method and finalize the booking.

Request a Quotation

Accreditation



*South African
Institute Of
Occupational Safety
And Health*



Services SETA



Fasset

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QCTO