



OCCUPATIONAL HEALTH & SAFETY – SAIOSH

Accredited Short Course



HEALTH AND SAFETY

CONFINED SPACE RESCUE SAIOSH



010 085 0918



www.zoneups.com



405 Cliff Ave, Waterkloofridge, Pretoria



BOOK NOW



2 Day Course



Classroom



NQF 2 CPD Points 5

ABOUT THIS COURSE

This course prepares designated personnel to plan, coordinate and perform safe confined-space rescue operations using approved rescue systems while protecting rescuers, entrants and standby personnel.

The programme focuses on confined-space rescue planning, rescue team roles, emergency communication, hazard assessment, rescue equipment inspection and set-up, non-entry rescue, entry rescue, casualty packaging, retrieval and handover procedures.

Learners will gain knowledge and practical skills to interpret rescue plans, permits and risk assessments, identify rescue hazards, select and inspect rescue equipment, apply safe communication and team procedures, and participate in controlled rescue simulations.



Target Audience

- Workers
- Employees
- Supervisors
- Managers
- Officers
- Responders
- StaffPersonnel
- Trainees

PRICE

CLASSROOM: R1950

(Includes snacks and beverages – only applicable
to classroom bookings)

TOPICS

SMART ZONE

COVERED

Legal and Operational Context

- Confined space definitions
- Rescue duties
- Emergency planning
- Permit interfaces
- Rescue team limitations
- Self-rescue, non-entry rescue and entry rescue

Legal and operational responsibilities

- Hazard Assessment for Rescue
- Atmospheric hazards
- Toxic exposure
- Flammability
- Oxygen deficiency and oxygen enrichment
- Engulfment hazards

Entrapment hazards

- Mechanical hazards
- Energy isolation
- Access hazards affecting rescue operations
- Dynamic risk assessment
- Rescue Planning and Team Roles
- Rescue plan interpretation

Permit requirements

- Risk assessment requirements
- Emergency communication requirements
- Incident command
- Standby duties
- Entrants and rescuers
- Emergency escalation
- Team coordination and communication

COVERED

Equipment Inspection and Setup

- Tripods
- Winches
- Retrieval lines
- Harnesses
- Ventilation equipment
- Gas monitors
- Lighting
- PPE

Rescue stretcher or casualty systems

- Manufacturer instructions and equipment limitations
- Pre-use inspection of rescue and monitoring equipment
- Rescue Techniques
- Non-entry rescue
- Vertical retrieval
- Horizontal retrieval
- Casualty access
- Casualty packaging

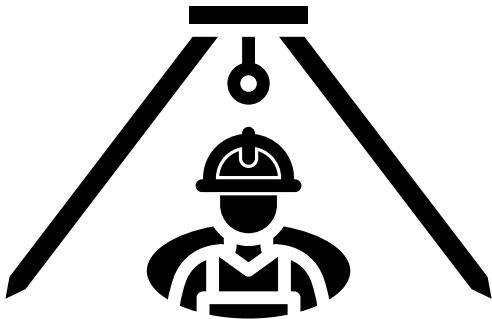
Casualty movement

- Safe retrieval procedures
- Handover to medical responders
- Controlled rescue operations
- Simulation, Assessment and Debrief
- Planned rescue scenario
- Team performance observation
- Incident record completion
- Corrective actions
- Learning review
- Post-exercise debrief
- Rescue improvement log

KEY FEATURES

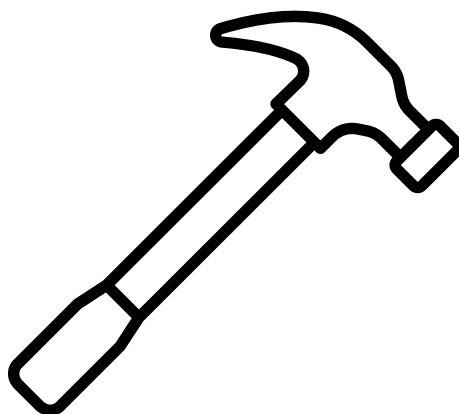
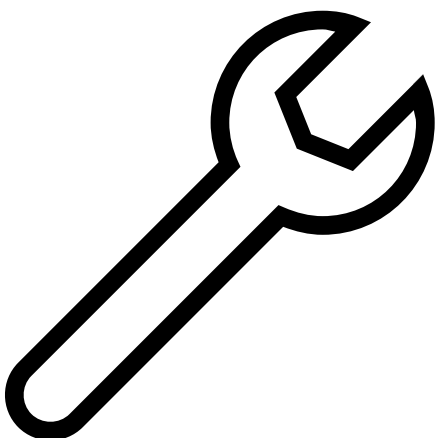
SMART ZONE

- SAIOSH accredited short course
- Confined Space Rescue training
- 2 days / 14-16 contact hours, subject to approved scope and rescue complexity
- Classroom theory plus practical rescue simulation
- Focuses on emergency rescue planning and practical rescue operations
- Includes rescue equipment inspection and setup
- Includes controlled confined-space rescue drill
- Suitable for rescue teams, standby persons, supervisors and SHE practitioners
- Rescue activities must comply with approved risk assessment, equipment register and facilitator competence records



BENEFITS OF THIS COURSE

- Builds practical confined-space rescue preparedness
- Improves rescue planning and emergency response coordination
- Supports safer rescue team roles and communication
- Develops awareness of atmospheric, mechanical, engulfment and access hazards
- Teaches correct inspection and use of rescue equipment
- Improves ability to conduct non-entry and entry rescue operations safely
- Supports effective casualty packaging, retrieval and handover
- Promotes post-incident review and continuous improvement





SIGN UP NOW

SIGN UP NOW AND SECURE YOUR PLACE

1. Register Online- www.zoneups.com
2. Select the training you prefer and the date you would like to attend.
3. Fill in the registration form.
4. Choose your payment method and finalize the booking.

Request a Quotation

Accreditation



*South African
Institute Of
Occupational Safety
And Health*



Services SETA



Fasset

Make the future count



ETDP-SETA



QCTO



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