



CONSTRUCTION

MASSTER CLASS



**PALLET LIFT TRUCK F12
DRIVER**

220314



010 085 0918



www.zoneups.com



405 Cliff Ave, Waterkloofridge, Pretoria



BOOK NOW



2 Day Course



Classroom



Certificate of Attendance

About This Course

The PALLET LIFT TRUCK F12 DRIVER course prepares learners to safely operate a battery-powered Pallet Lift Truck F12 in a workplace environment.

This course is designed for learners who need to move, lift and position loads or materials in warehouses, factories, logistics areas, dispatch sections, receiving areas, storage facilities and other material handling environments.

Learners will be trained to prepare for safe operations by inspecting the work area, identifying hazards, selecting the correct personal protective equipment and completing the required pre-start and operational checks before using the pallet lift truck.



Target Audience

- Forklift drivers
- Lift truck drivers
- Counterbalanced
- Warehouse workers
- Factory workers
- Material employees
- Logistics workers
- Dispatch staff
- Storemen

PRICE

CLASSROOM: Request a Quote

(Includes snacks and beverages – only applicable to classroom bookings)

DAY ONE

OVERVIEW

SMART ZONE

Focus: Day One focuses on the safety, legal and risk requirements needed before operating a Pallet Lift Truck F12. Learners are introduced to workplace safety, legislation, hazard identification, PPE, emergency response, first aid, firefighting and driver fitness.

Reporting Incidents and Defects

- Learners understand why hazards, near misses, incidents and equipment faults must be reported.
- Reporting helps prevent accidents, protects workers and ensures unsafe equipment or work areas are corrected.

Housekeeping Standards

- Learners learn why clean and organised work areas are important.
- Good housekeeping helps prevent slips, trips, blocked routes, damaged goods, collisions and unsafe movement of the pallet lift truck.

First Aid Awareness

- Learners are introduced to basic first aid principles.
- This includes checking for danger, calling for help, keeping an injured person calm, identifying visible signs of injury or shock and avoiding unnecessary movement of an injured person.

DAY TWO

OVERVIEW

SMART ZONE

Focus: Day Two focuses on equipment knowledge, environmental responsibility, ethics, maintenance, inspection methods, load handling, charging procedures and communication for the Pallet Lift Truck F12.

Stacking and Storage

- Learners are introduced to safe stacking, de-stacking and storage procedures.
- They will understand how to handle and store loads according to company procedures, manufacturer specifications and safe working practices.

Centre of Gravity and Stability

- Learners cover the importance of centre of gravity and load stability.
- They will understand how the load's length, width, height, weight and shape affect safe lifting, moving and positioning.

Charging Procedures

- Learners learn how to charge the Pallet Lift Truck F12 in the designated power source area.
- This includes moving the lift truck safely to the charging area, identifying hazards and risks, using resources such as spill kits, drip trays and fire extinguishers, and following company and manufacturer charging procedures.

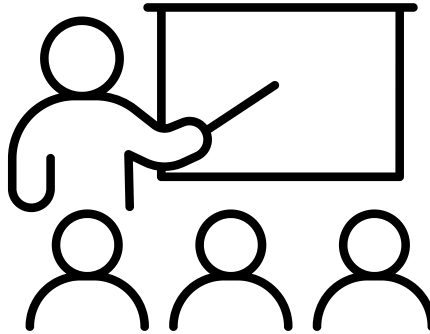
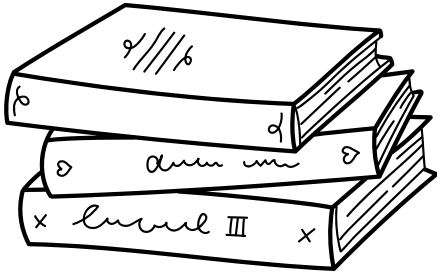
Documentation and Hand-Over

- Learners learn about completing operational documents.
- This may include driver checklists, trip sheets, job cards, worksheets, stack plans, accident or incident reports, non-conformance reports, lock-out documents and hand-over records.

FEATURES OF THIS COURSE

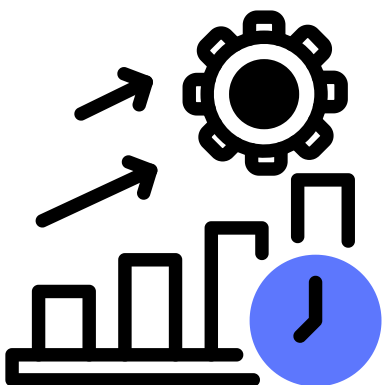
SMART ZONE

- Rough Terrain Lift Truck F11 focused training
- NQF Level 3 skills programme
- 26-credit course structure
- Includes theory and practical learning
- Covers outdoor and rough terrain operation
- Includes legal and workplace safety requirements



BENEFITS OF THIS SHORT COURSE

- Improves confidence in rough terrain operation
- Supports safer outdoor material handling
- Helps reduce incidents on uneven surfaces
- Improves awareness of site hazards
- Supports better equipment inspection habits
- Helps identify faults before operation





SIGN UP NOW

SIGN UP NOW AND SECURE YOUR PLACE

1. Register Online- www.zoneups.com
2. Select the training you prefer and the date you would like to attend.
3. Fill in the registration form.
4. Choose your payment method and finalize the booking.

Accreditation

Request a Quotation



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Institute Of
Occupational Safety
And Health*



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Fasset

Make the future count



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QCTO

Get In Touch



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