



OCCUPATIONAL HEALTH & SAFETY

Accredited Short Course



ADVANCED EMERGENCY FIRST AID RESPONDER

230803



010 085 0918



www.zoneups.com



405 Cliff Ave, Waterkloofridge, Pretoria



BOOK NOW



5 Day Course



Classroom



NQF Level 4 Credits 6



Target Audience

- Safety Officers and Safety Representatives
- Occupational Health and Safety Practitioners
- Supervisors and Team Leaders
- Employees responsible for workplace safety
- Mining, construction, and industrial workers
- Individuals involved in hazard identification and risk management
- Learners pursuing a career in Occupational Health and Safety

PRICE

Classroom Training :
Request a Quote

(Includes snacks and beverages
– only applicable to classroom
bookings)

ABOUT THIS COURSE

We are a trusted training provider committed to delivering high-quality, practical, and industry-aligned programmes in occupational health and safety. Our focus is on equipping individuals with the critical skills and knowledge required to respond effectively to workplace emergencies and ensure a safe working environment.

Our training is designed in line with national standards and best practices, combining theoretical knowledge with hands-on application. We prepare learners to confidently assess risks, respond to incidents, and provide life-saving first aid in a variety of real-world situations.

With a strong emphasis on safety, professionalism, and compliance, we aim to develop competent individuals who can contribute to reducing workplace injuries, protecting lives, and promoting a culture of health and safety across all industries.

TOPICS COVERED

SMART ZONE

EMERGENCY RESPONSE FOUNDATIONS & RISK MANAGEMENT

- Hazard Identification & Scene Safety
- Learn how to assess emergency scenes, identify hazards, and ensure the environment is safe before providing first aid to prevent further harm.

Principles of Advanced First Aid

- Understand the role of a first aider, including legal, ethical, and safety responsibilities when responding to emergencies.

Primary Patient Assessment

- Learn how to quickly assess life-threatening conditions and prioritise care using structured emergency response techniques.

Communication in Emergency Situations

- Develop effective communication skills to interact with patients, bystanders, and emergency services during critical incidents.

Introduction to Human Anatomy & Physiology

- Gain essential knowledge of body systems to better understand injuries, illnesses, and appropriate first aid responses.

TOPICS COVERED

SMART ZONE

Managing Life-Threatening Conditions

- Learn how to respond to critical emergencies such as cardiac arrest, choking, severe bleeding, and breathing difficulties.

Secondary Assessment & Patient Care

- Understand how to conduct detailed patient assessments and provide ongoing care based on symptoms and findings.
- Treatment of Injuries & Trauma

Learn how to manage fractures, burns, head injuries, spinal injuries, and other serious trauma effectively.

- Medical Emergencies Response
- Gain skills to respond to conditions such as stroke, asthma attacks, seizures, diabetic emergencies, and anaphylaxis.

Emergency Response & Handover Procedures

- Learn how to safely hand over patients to medical professionals and complete required reports and documentation.

KEY

SMART ZONE

FEATURES

- Improves Emergency Response Readiness
- Builds Basic First Aid Confidence
- Helps Respond Quickly to Injuries
- Supports Workplace Safety Compliance
- Reduces the Impact of Accidents
- Improves First Aid Awareness
- Develops Practical Life-Saving Skills
- Supports Faster Incident Response
- Helps Stabilise Injured Persons
- Encourages Calm Action During Emergencies

BENEFITS OF THIS SHORT COURSE

- Builds Confidence in First Aid Situations
- Helps Save Lives During Emergencies
- Supports Quick and Effective Action
- Reduces the Severity of Injuries
- Improves Workplace Safety Preparedness
- Promotes Calm Decision-Making Under Pressure
- Supports CPR and Basic Life Support Awareness
- Helps Stabilise Injured Persons Until Help Arrives





SIGN UP NOW

SIGN UP NOW AND SECURE YOUR PLACE

1. Register Online- www.zoneups.com
2. Select the training you prefer and the date you would like to attend.
3. Fill in the registration form.
4. Choose your payment method and finalize the booking.

Accreditation

Request a Quotation



*South African
Institute Of
Occupational Safety
And Health*



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Fasset

Make the future count



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QCTO

Get In Touch



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