



OCCUPATIONAL HEALTH & SAFETY



**WORKPLACE PREPAREDNESS
AND RISK CONTROL ASSISTANT**

SP-200901



010 085 0918



www.zoneups.com



405 Cliff Ave, Waterkloofridge, Pretoria



BOOK NOW



course days



Classroom/Online Training



Certificate of Attendance

ABOUT THIS COURSE

This Workplace Preparedness and Risk Control Assistant course is designed to equip learners with the knowledge and practical skills required to identify, assess, and control workplace health risks, particularly those related to communicable and occupational diseases.

The programme focuses on building awareness of occupational health and safety (OHS) principles, including hazard identification, risk assessment, and the implementation of effective control measures to prevent the spread of diseases in the workplace. Learners will also gain an understanding of legal requirements and workplace safety responsibilities.

Through a combination of theoretical knowledge and practical application, participants will be able to contribute to safer work environments, support health and well-being initiatives, and ensure compliance with workplace safety standards.



Target Audience

- Workers
- Employees
- Supervisors
- Managers
- Officers
- Responders
- Staff/Personnel
- Trainees

PRICE

CLASSROOM: R 5900 (Excl. VAT)

ONLINE TRAINING: R 5000 (Excl. VAT)

(Includes snacks and beverages – only applicable to classroom bookings)

DAY ONE

OVERVIEW

SMART ZONE

OHS Legal Framework and Workplace Safety Requirements

- Understand the basic principles of occupational health and safety legislation and workplace directives that promote a safe and healthy working environment.

Hazard Identification and Risk Assessment

- Learn how to identify workplace hazards, understand the difference between hazards and risks, and apply structured methods to assess workplace risks.

Understanding Hazard and Risk Concepts

- Develop the ability to distinguish between hazards and risks and understand how risks are evaluated and prioritised in the workplace.

Accessing OHS Information and Safety Data

- Learn how to obtain and use relevant safety information such as safety data sheets and workplace guidelines to support risk management.

Fundamentals of Occupational Hygiene

- Gain knowledge of occupational hygiene principles, including how to anticipate, identify, evaluate, and control workplace hazards.

DAY TWO

OVERVIEW

SMART ZONE

Workplace Health Risk Assessment Tools

- Learn how to use appropriate tools and methods to conduct basic workplace health risk assessments effectively.

Applying Control Measures

- Understand how to implement control measures to prevent and reduce the spread of communicable and occupational diseases in the workplace.

Monitoring OHS Systems Effectiveness

- Develop skills to monitor and evaluate workplace safety systems and ensure that control measures are working effectively.

Incident Response and Prevention

- Learn how to respond to workplace risks and contribute to prevention strategies that promote employee health and safety.

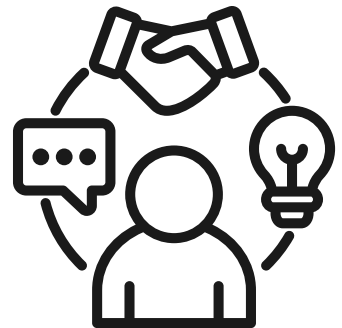
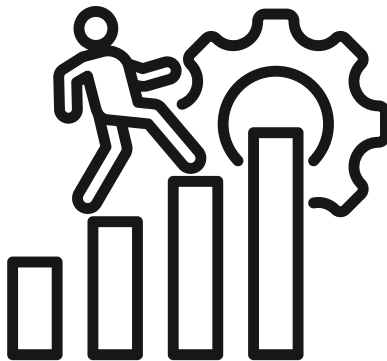
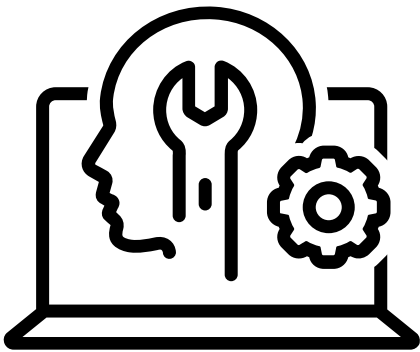
Promoting Health and Well-being in the Workplace

- Understand how to support workplace initiatives that improve employee well-being and prevent the spread of diseases.

FEATURES OF THIS COURSE

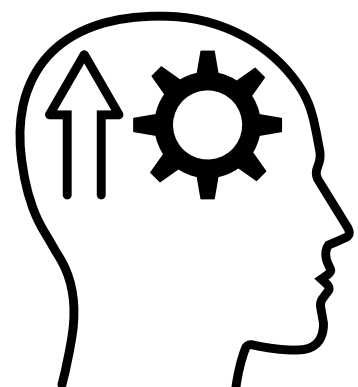
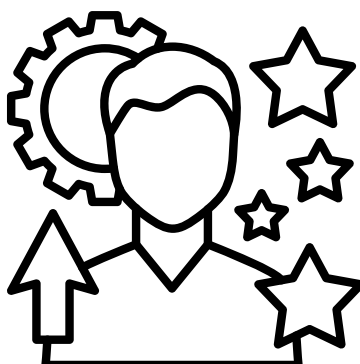
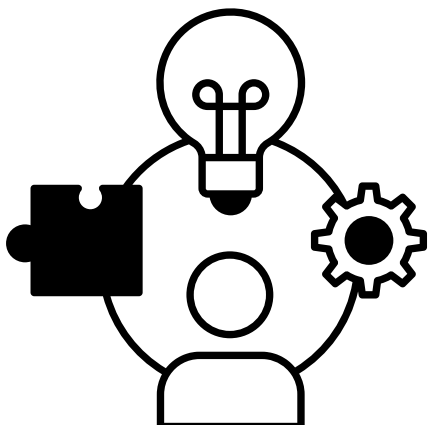
SMART ZONE

- Accredited & Industry-Aligned Training
- Comprehensive First Aid Coverage
- Practical, Hands-On Learning
- Expert-Led Training
- Workplace-Focused Skills



BENEFITS OF THIS SHORT COURSE

- Ability to Respond to Emergencies Confidently
- Improved Workplace Safety
- Life-Saving Skills Development
- Enhanced Career Opportunities
- Compliance with Safety Regulations





SIGN UP NOW

SIGN UP NOW AND SECURE YOUR PLACE

1. Register Online- www.zoneups.com
2. Select the training you prefer and the date you would like to attend.
3. Fill in the registration form.
4. Choose your payment method and finalize the booking.

Accreditation

Request a Quotation



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And Health*



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Make the future count



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QCTO

Get In Touch



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